

FOURTEEN DAYS OF

Psalms & Prayer.

FAITH COMMUNITY CHURCH



FAITH COMMUNITY CHURCH

Psalms & Prayer

www.faithcommunitychurch.com.au/live



FAITH COMMUNITY CHURCH

From the leadership team.

All of a sudden, the question we ask each other, "How are you going?", has new meaning. These are strange and challenging times. We never thought this was possible, at least not in our life time. And we can't take for granted that any of us is going OK. It's in times like this God wants his children to draw near to Him. In OT times, God's children the Israelites would gather at the Temple. As 2 Chronicles 20:9 says, 'If calamity comes upon us, whether the sword of judgement, or plague or famine, we will stand in your presence before this temple that bears your Name and will cry out to you in our distress, and you will hear us and save us.' While our traditional way of gathering at the Sunday Church Service has been taken away, it's even more important we draw near to Him as a church family, but each in our own homes. Jesus connects us with Him wherever we are. Please use this book as a helpful guide for yourself and your household to spend time with our Father God.

It will also help us stay connected with others through prayer and timely reminders to make the effort to stay in contact with others. Our prayer is that in this season God will do incredible things in each of our lives when we draw near to Him.



Our prayer for you.



Faith Community Church Fam, as we go through a time apart due to the COVID-19. this Psalm and Prayer guide has been designed specifically for you. Please use this daily to engage with God. It is our prayer that at this time we will all draw near to God, constantly asking Him for help.

During this time.

Regarding Your Faith - Since we are losing our weekly meetings with our church family, we need to make sure we nourish our faith in other areas of our lives. We encourage you to call, email, text, message those in your church family to encourage them in their faith.

Regarding The Mission - Our world seems to be falling apart, but we have a hope in Jesus, the king, who died and rose again. As we love those around us, as we live self-sacrificial lives, as we speak about the hope we have, God has promised he is here with us. If you are interested in helping those in need, please contact us at support@faithcommunitychurch.com.au or through our social media accounts.

Regarding Community - We have a unique opportunity to be the church in this time. We can't state it enough - loving our community is vitally important. It is a key part of our life. Right now - you may know people who are scared, afraid, vulnerable, lonely, struggling. We have a unique chance to speak and act into that space. Please call each other, text each other, help each other where needed. Keep in touch!

Regarding Your Struggle - If you are struggling right now with anything, please contact us at support@faithcommunitychurch.com.au or through our social media accounts.

If you are looking for correct current health advice please head to the Queensland Health website www.health.qld.gov.au/

Love Your Neighbour

We want to care for every member of our Faith Community Church family & local community.



We would love to care for you in this time.

Do you need prayer, a chat, anything delivered or spiritual guidance?
Please get in touch!

Would you be interested in helping others during this time?

Please let us know how you can help others in our community!

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**FAITH COMMUNITY CHURCH
PSALMS & PRAYER**





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FCC Family Page - private group



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Search "Faith Community Church Playlist" on Spotify
"FCC Youth Ignite" on Spotify



Resources for kids & youth on church website



www.faithcommunitychurch.com.au/live

**LIVE STREAM
ONLINE CHURCH**

**SOME MUSIC FOR
WORSHIP & FUN**

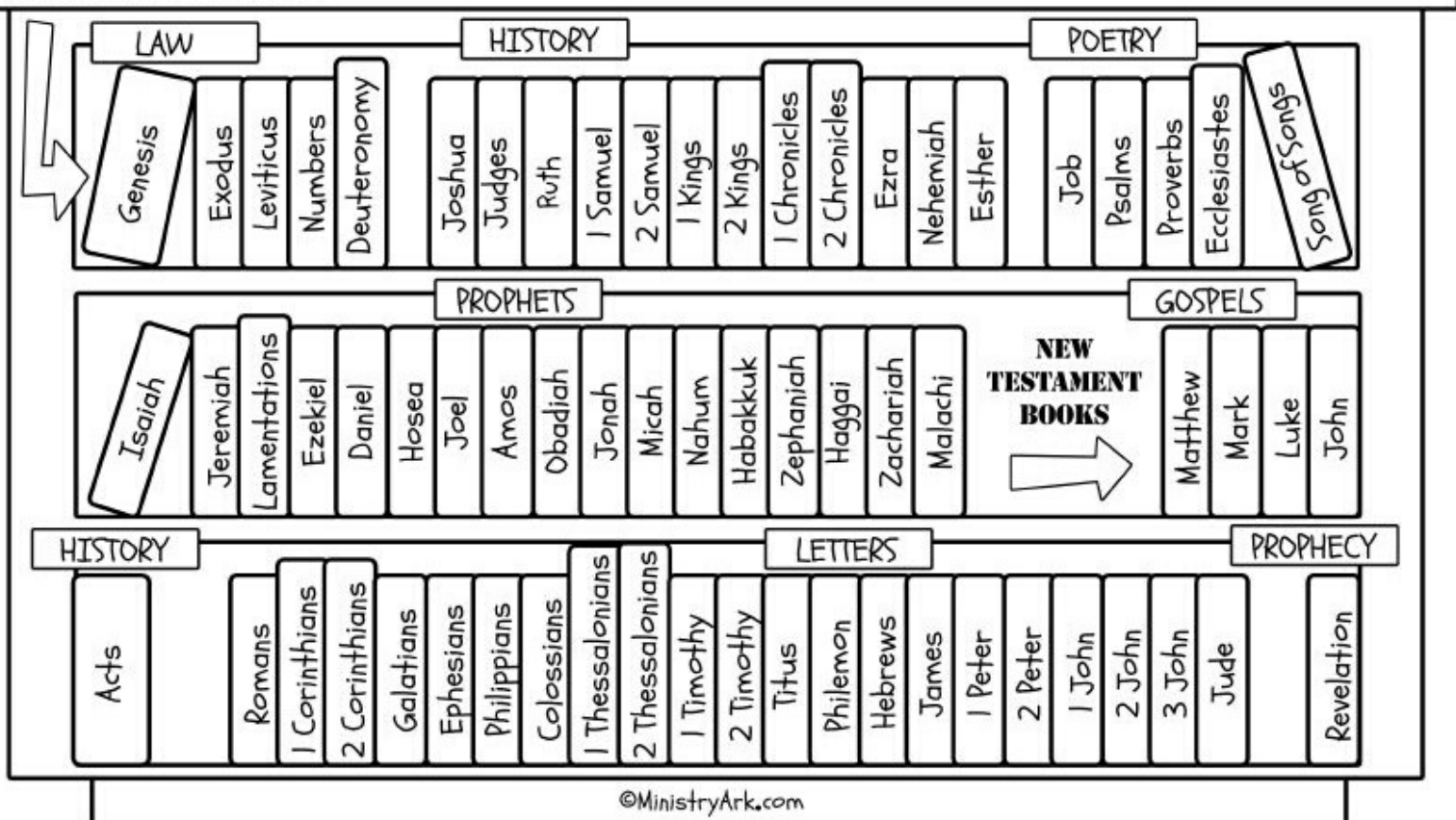
Engaged with God
Checked in on someone
Listened to music that
reminded you of Jesus
Washed your hands
while singing Happy
Birthday x 2
Relaxed and enjoyed
the gift of life
Talked to God about
the things on your
heart
Listened to a podcast
or read a good book

Self care guide

fill in a square each time you
complete a self care task

Books of the Bible.

OLD TESTAMENT BOOKS



if you are reading through this devotional as a family, please feel free to use this helpful illustration to show your children where the book of Psalms fits into the Bible as a whole. The book of Psalms has been designed to be the prayer book of God's people as they wait for the Messiah and his coming kingdom. We pray that these prayers will be helpful as you cry out to God during this time.

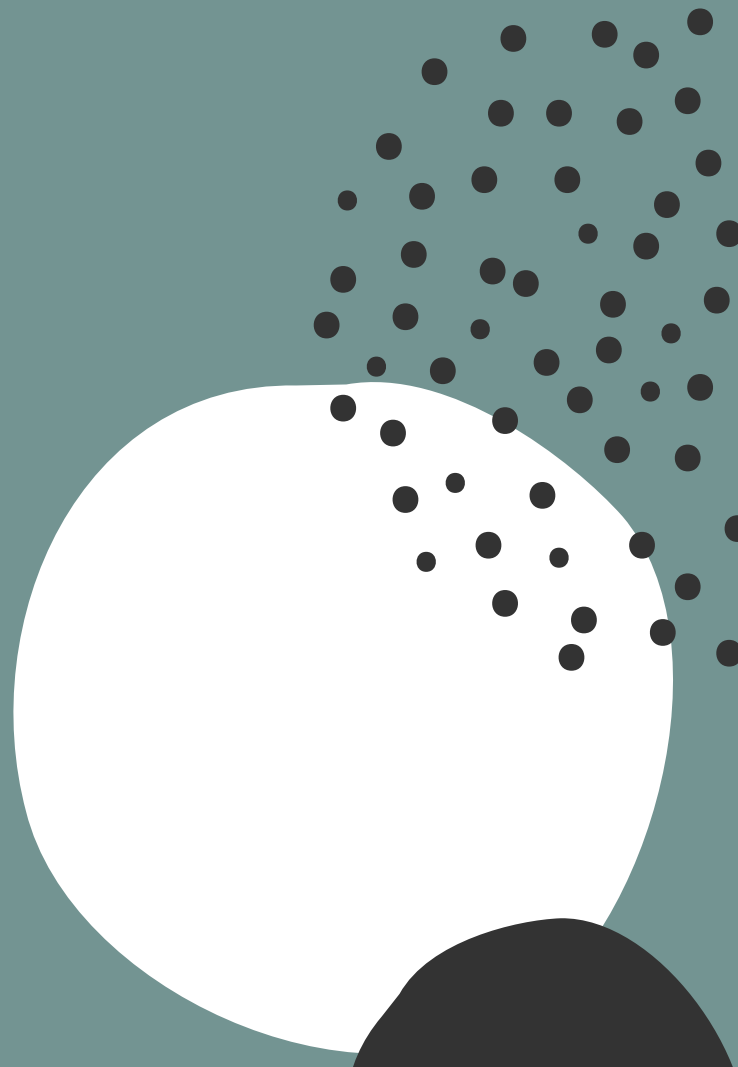
Psalm eighteen.

1 I love you, Lord, my strength. 2 The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold. 3 I called to the Lord, who is worthy of praise, and I have been saved from my enemies. 4 The cords of death entangled me; the torrents of destruction overwhelmed me. 5 The cords of the grave coiled around me; the snares of death confronted me. 6 In my distress I called to the Lord; I cried to my God for help.

Pray.

Write down your personal prayer to God.

Be open and honest with Him as he hears ours prayers.



Psalm twenty three.

1 The Lord is my shepherd, I lack nothing.
2 He makes me lie down in green pastures,
he leads me beside quiet waters, 3 he
refreshes my soul. He guides me along the
right paths for his name's sake. 4 Even
though I walk through the darkest valley, I
will fear no evil, for you are with me; your
rod and your staff, they comfort me. 5 You
prepare a table before me in the presence
of my enemies. You anoint my head with
oil; my cup overflows. 6 Surely your
goodness and love will follow me all the
days of my life, and I will dwell in the house
of the Lord forever.

Spend time praying to God, please use the
playlist below to worship God through
song in your homes.

Playlist.

The Gospel Coalition

Songs for an Anxious Heart



Psalm thirty one.

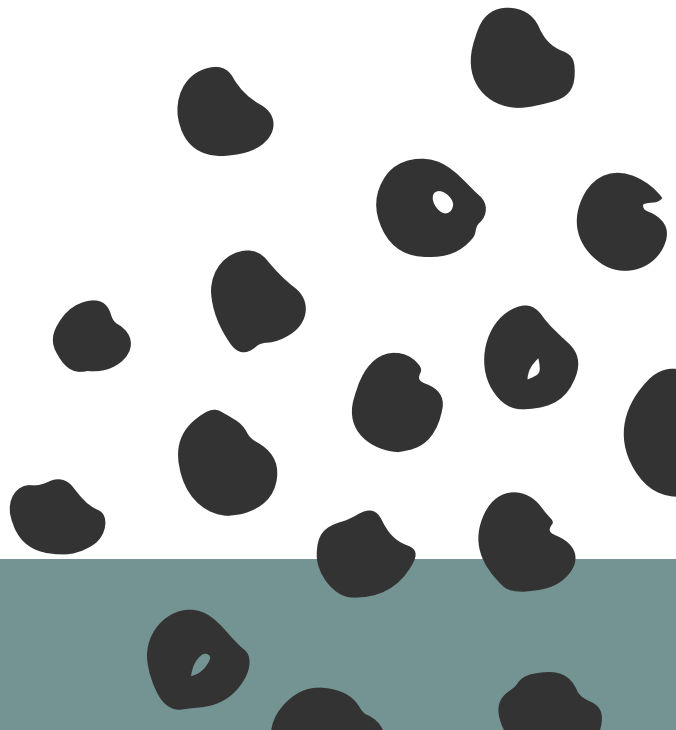
1 In you, Lord, I have taken refuge; let me never be put to shame; deliver me in your righteousness. 2 Turn your ear to me, come quickly to my rescue; be my rock of refuge, a strong fortress to save me. 3 Since you are my rock and my fortress, for the sake of your name lead and guide me. 4 Keep me free from the trap that is set for me, for you are my refuge. 5 Into your hands I commit my spirit; deliver me, Lord, my faithful God. 6 I hate those who cling to worthless idols; as for me, I trust in the Lord. 7 I will be glad and rejoice in your love, for you saw my affliction and knew the anguish of my soul. 8 You have not given me into the hands of the enemy but have set my feet in a spacious place. 9 Be merciful to me, Lord, for I am in distress; my eyes grow weak with sorrow, my soul and body with grief. 10 My life is consumed by anguish and my years by groaning; my strength fails because of my affliction, and my bones grow weak.

Pray.

Pray that God would limit the spread of this virus.

Pray that the message of Jesus would go to all in need.

Ask God to save many people.



Psalm twenty eight.

1 To you, Lord, I call; you are my Rock, do not turn a deaf ear to me. For if you remain silent, I will be like those who go down to the pit. 2 Hear my cry for mercy as I call to you for help, as I lift up my hands toward your Most Holy Place. 3 Do not drag me away with the wicked, with those who do evil, who speak cordially with their neighbours but harbour malice in their hearts. 4 Repay them for their deeds and for their evil work; repay them for what their hands have done and bring back on them what they deserve. 5 Because they have no regard for the deeds of the Lord and what his hands have done, he will tear them down and never build them up again. 6 Praise be to the Lord, for he has heard my cry for mercy. 7 The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him. 8 The Lord is the strength of his people, a fortress of salvation for his anointed one. 9 Save your people and bless your inheritance; be their shepherd and carry them forever.

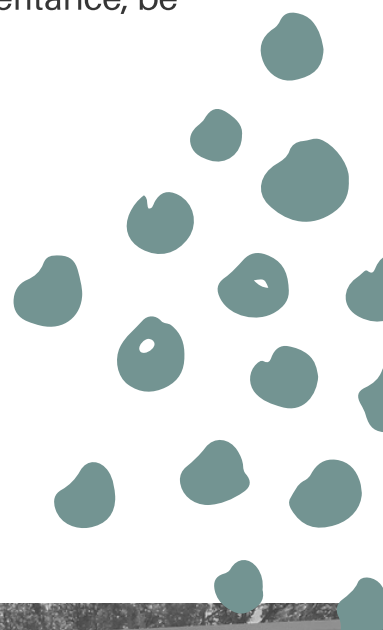
Pray.

Pray for your neighbourhood.

Pray for your family members.

Pray for others around you.

Pray for your church family.



Psalm sixty three.

1 You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water. 2 I have seen you in the sanctuary and beheld your power and your glory. 3 Because your love is better than life, my lips will glorify you. 4 I will praise you as long as I live, and in your name I will lift up my hands. 5 I will be fully satisfied as with the richest of foods; with singing lips my mouth will praise you. 6 On my bed I remember you; I think of you through the watches of the night. 7 Because you are my help, I sing in the shadow of your wings. 8 I cling to you; your right hand upholds me. 9 Those who want to kill me will be destroyed; they will go down to the depths of the earth. 10 They will be given over to the sword and become food for jackals. 11 But the king will rejoice in God; all who swear by God will glory in him, while the mouths of liars will be silenced.

Prayer.

Praise God for all the ways He has sustained you.

Pray for the adults of Faith Community Church.

Pray for the children of Faith Community Church.

Pray for the youth of Faith Community Church.



Psalm thirty four.

I will extol the Lord at all times; his praise will always be on my lips. 2 I will glory in the Lord; let the afflicted hear and rejoice. 3 Glorify the Lord with me; let us exalt his name together. 4 I sought the Lord, and he answered me; he delivered me from all my fears. 5 Those who look to him are radiant; their faces are never covered with shame. 6 This poor man called, and the Lord heard him; he saved him out of all his troubles. 7 The angel of the Lord encamps around those who fear him, and he delivers them. 8 Taste and see that the Lord is good; blessed is the one who takes refuge in him. 9 Fear the Lord, you his holy people, for those who fear him lack nothing. 10 The lions may grow weak and hungry, but those who seek the Lord lack no good thing. 11 Come, my children, listen to me; I will teach you the fear of the Lord. 12 Whoever of you loves life and desires to see many good days, 13 keep your tongue from evil and your lips from telling lies. 14 Turn from evil and do good; seek peace and pursue it. 15 The eyes of the Lord are on the righteous, and his ears are attentive to their cry; 16 but the face of the Lord is against those who do evil, to blot out their name from the earth. 17 The righteous cry out, and the Lord hears them; he delivers them from all their troubles. 18 The Lord is close to the brokenhearted and saves those who are crushed in spirit. 19 The righteous person may have many troubles, but the Lord delivers him from them all; 20 he protects all his bones, not one of them will be broken. 21 Evil will slay the wicked; the foes of the righteous will be condemned. 22 The Lord will rescue his servants; no one who takes refuge in him will be condemned.

Praise.

Spend some time listening to the 'Faith Community Church Playlist' on Spotify and reflecting on the lyrics of the songs.

Psalm one hundred & forty six.

Praise the Lord. Praise the Lord, my soul. I will praise the Lord all my life; I will sing praise to my God as long as I live. Do not put your trust in princes, in human beings, who cannot save. When their spirit departs, they return to the ground; on that very day their plans come to nothing. Blessed are those whose help is the God of Jacob, whose hope is in the Lord their God. He is the Maker of heaven and earth, the sea, and everything in them — he remains faithful forever. He upholds the cause of the oppressed and gives food to the hungry. The Lord sets prisoners free, the Lord gives sight to the blind, the Lord lifts up those who are bowed down, the Lord loves the righteous. The Lord watches over the foreigner and sustains the fatherless and the widow, but he frustrates the ways of the wicked. The Lord reigns forever, your God, O Zion, for all generations. Praise the Lord.

Reflect.

Spend time listening to the Navigate Devotional Podcast.

Spend time listening to the Faith Community Church Playlist on spotify.

www.faithcommunitychurch.com.au/live

Psalm forty three.

1 Vindicate me, my God, and plead my cause against an unfaithful nation. Rescue me from those who are deceitful and wicked. 2 You are God my stronghold. Why have you rejected me? Why must I go about mourning, oppressed by the enemy? 3 Send me your light and your faithful care, let them lead me; let them bring me to your holy mountain, to the place where you dwell. 4 Then I will go to the altar of God, to God, my joy and my delight. I will praise you with the lyre, O God, my God. 5 Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

Pray.

Be honest with God about what you are thinking about.

Be honest with God about how you are feeling.

Ask God to send His light and faithful care.

Praise God!

Psalm forty six.

1 God is our refuge and strength, an ever-present help in trouble. 2 Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, 3 though its waters roar and foam and the mountains quake with their surging. 4 There is a river whose streams make glad the city of God, the holy place where the Most High dwells. 5 God is within her, she will not fall; God will help her at break of day. 6 Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts. 7 The Lord Almighty is with us; the God of Jacob is our fortress. 8 Come and see what the Lord has done, the desolation he has brought on the earth. 9 He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire. 10 He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." 11 The Lord Almighty is with us; the God of Jacob is our fortress.



Be still.

Spend time thinking about who God is in light of Psalm 46.

FAITH COMMUNITY CHURCH
PSALMS & PRAYER

Psalm twenty nine.

1 Ascribe to the Lord, you heavenly beings, ascribe to the Lord glory and strength. 2 Ascribe to the Lord the glory due his name; worship the Lord in the splendour of his holiness. 3 The voice of the Lord is over the waters; the God of glory thunders, the Lord thunders over the mighty waters. 4 The voice of the Lord is powerful; the voice of the Lord is majestic. 5 The voice of the Lord breaks the cedars; the Lord breaks in pieces the cedars of Lebanon. 6 He makes Lebanon leap like a calf, Sirion like a young wild ox. 7 The voice of the Lord strikes with flashes of lightning. 8 The voice of the Lord shakes the desert; the Lord shakes the Desert of Kadesh. 9 The voice of the Lord twists the oaks and strips the forests bare. And in his temple all cry, "Glory!" 10 The Lord sits enthroned over the flood; the Lord is enthroned as King forever. 11 The Lord gives strength to his people; the Lord blesses his people with peace.

Pray.

Praise God for who He is and what He has done for us.

List all the things you are thankful for.

Psalm eighty six.

Hear me, Lord, and answer me, for I am poor and needy. Guard my life, for I am faithful to you; save your servant who trusts in you. You are my God; have mercy on me, Lord, for I call to you all day long. Bring joy to your servant, Lord, for I put my trust in you. You, Lord, are forgiving and good, abounding in love to all who call to you. Hear my prayer, Lord; listen to my cry for mercy. When I am in distress, I call to you, because you answer me. Among the gods there is none like you, Lord; no deeds can compare with yours. All the nations you have made will come and worship before you, Lord; they will bring glory to your name. For you are great and do marvellous deeds; you alone are God. Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name. I will praise you, Lord my God, with all my heart; I will glorify your name forever. For great is your love toward me; you have delivered me from the depths, from the realm of the dead. Arrogant foes are attacking me, O God; ruthless people are trying to kill me — they have no regard for you. But you, Lord, are a compassionate and gracious God, slow to anger, abounding in love and faithfulness. Turn to me and have mercy on me; show your strength in behalf of your servant; save me, because I serve you just as my mother did. Give me a sign of your goodness, that my enemies may see it and be put to shame, for you, Lord, have helped me and comforted me.

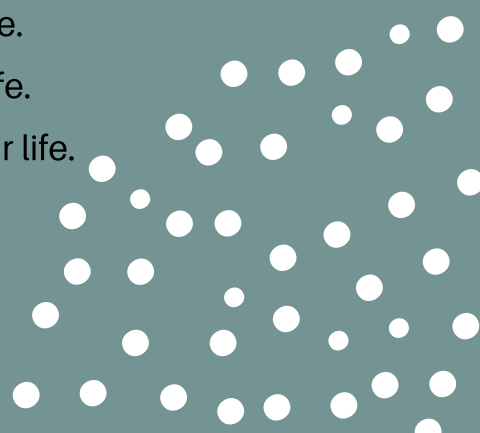
Prayer.

Thank God for all the ways He has shown you love in your life.

Thank God for all the ways He has shown you grace in your life.

Thank God for all the ways He has shown you mercy in your life.

Thank God for all the ways He has shown you kindness in your life.



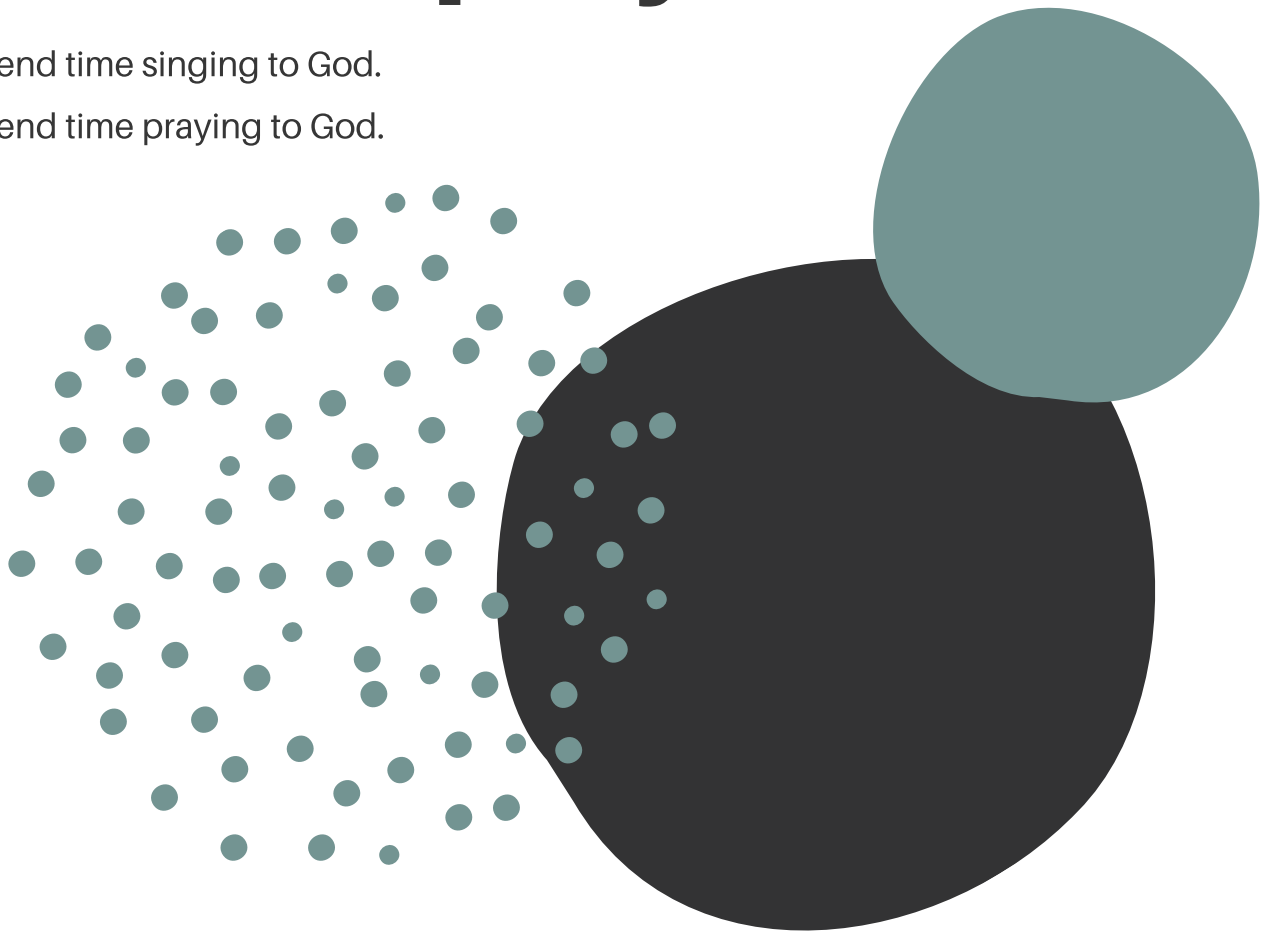
Psalm one hundred & fifty.

1 Praise the Lord. Praise God in his sanctuary; praise him in his mighty heavens. 2 Praise him for his acts of power; praise him for his surpassing greatness. 3 Praise him with the sounding of the trumpet, praise him with the harp and lyre, 4 praise him with timbrel and dancing, praise him with the strings and pipe, 5 praise him with the clash of cymbals, praise him with resounding cymbals. 6 Let everything that has breath praise the Lord. Praise the Lord.

Praise & prayer.

Spend time singing to God.

Spend time praying to God.



Psalm sixteen.

1 Keep me safe, my God, for in you I take refuge. 2 I say to the Lord, "You are my Lord; apart from you I have no good thing." 3 I say of the holy people who are in the land, "They are the noble ones in whom is all my delight." 4 Those who run after other gods will suffer more and more. I will not pour out libations of blood to such gods or take up their names on my lips. 5 Lord, you alone are my portion and my cup; you make my lot secure. 6 The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance. 7 I will praise the Lord, who counsels me; even at night my heart instructs me. 8 I keep my eyes always on the Lord. With him at my right hand, I will not be shaken. 9 Therefore my heart is glad and my tongue rejoices; my body also will rest secure, 10 because you will not abandon me to the realm of the dead, nor will you let your faithful one see decay. 11 You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

Prayer.

9 Therefore my heart is glad and my tongue rejoices; my body also will rest secure, 10 because you will not abandon me to the realm of the dead, nor will you let your faithful one see decay. 11 You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

Reflect and pray over this truth from the Bible.

Psalm thirty two.

1 Blessed is the one whose transgressions are forgiven, whose sins are covered. 2 Blessed is the one whose sin the Lord does not count against them and in whose spirit is no deceit. 3 When I kept silent, my bones wasted away through my groaning all day long. 4 For day and night your hand was heavy on me; my strength was sapped as in the heat of summer. 5 Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." And you forgave the guilt of my sin. 6 Therefore let all the faithful pray to you while you may be found; surely the rising of the mighty waters will not reach them. 7 You are my hiding place; you will protect me from trouble and surround me with songs of deliverance. 8 I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you.

9 Do not be like the horse or the mule, which have no understanding but must be controlled by bit and bridle or they will not come to you. 10 Many are the woes of the wicked, but the Lord's unfailing love surrounds the one who trusts in him. 11 Rejoice in the Lord and be glad, you righteous; sing, all you who are upright in heart!

Pray.

Be honest with God about how you are going currently.

Ask God for forgiveness.

Praise God for forgiving you.

Ask God for His protection of your heart.



Songs to sing all week.

Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. Colossians 3:16

"The Passion" Hillsong Worship

"Jesus Strong and Kind" Colin Buchanan

"A Mighty Fortress" Matt Boswell

"Crowns" Hillsong Worship

"Great Is Thy Faithfulness (Live at TGC)" Austin Stone Worship

"Only a Holy God" CityAlight

"Psalm 1" Poor Bishop Hooper

"The Lord is King" Colin Buchanan

"Centre my Life" Austin Stone Worship

"When Trials Come (Live)" Sovereign Grace Music

"Psalm 46" Bifrost Arts

"I Will Trust My Saviour Jesus" CityAlight

"Remember the Lord" Colin Buchanan

"Be Still and Know" Steven Curtis Chapman

"Living Hope" Phil Wickam

"All Things New" Andrew Peterson

"My Refuge" Rivers & Robots

"Another in the Fire" Hillsong United

"My Help, My God (Psalm 42)" Sandra McCracken

"God Is For Us" CityAlight

"No Other Name" Hillsong Worship

"Jesus is Better" Austin Stone Worship

"Behold our God" Sovereign Grace Music

Pray for our church family.



Finally, be strong in the Lord and in his mighty power. Put on the full armour of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

Ephesians 6:10-18

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Resources for kids & youth on church website



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SOME HELPFUL
RESOURCES

Navigate devotional podcast.

Navigate Devotional is a podcast that's designed to help you engage with the God of the Bible. Each episode is a 10 minute devotional released each day Monday to Friday. We hope that this can be a part of your routine each day as you encounter God. www.navigatedevotional.com




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